



Mental Health in the Workplace: A Comprehensive Discussion of Best Practices

May 27, 2021 - Mental Health Awareness Month Panel



Erin Sarin

Head of Benefits and Wellbeing, The MITRE Corporation

Erin is a business strategy and Human Resources professional responsible for the strategic leadership and management of a global benefits, retirement and awards and recognition strategy that supports a diverse and multi-generational workforce. Erin leads the vision and strategy execution within The MITRE Corporation—a *Forbes* “Americas Best Employers” winner for four consecutive years, *Boston Globe* “Top Places to Work” winner for ten consecutive years, and *Washington Post* “Top Places to Work” for four consecutive years. Prior to joining MITRE in 2016, she served as a benefits program consultant for a decade, helping a wide range of companies to align policies to their distinct employee value proposition while maintaining market competitiveness. Erin studied Psychology at Loyola University in New Orleans and holds an MBA from Northeastern University in Boston, MA.



Dan Scheinkman

Vice President, Compensation, Benefits, and Well-Being, Freddie Mac

Dan Scheinkman is Vice President of Compensation, Benefits, and Well-Being at Freddie Mac. Since joining in 2003, Dan has been responsible for the design, administration, and communication of compensation, to include executive compensation, and benefits programs. As a seasoned HR practitioner, Dan delivers solutions that recognizes the right impact with the right rewards positively affecting employees’ total well-being.

Prior to joining Freddie Mac, Dan worked for Ernst & Young and Arthur Andersen providing consulting services to organizations in the areas of compensation and equity incentive program design, litigation and bankruptcy support, and merger and acquisition impact and integration. Dan holds a Bachelor’s degree in Business Administration from Washington University in St. Louis.



Amanta Mazumdar

Vice President of Benefits, Hilton

Amanta Mazumdar serves as the Vice President of Benefits at Hilton. In his role, he oversees health and retirement benefits, and looks after overall wellness efforts for Hilton Team Members. Amanta initially joined Hilton in an HR Strategy role, where he worked on defining our Team Member value proposition, Thrive, and defining our leadership development framework. Prior to Hilton, he spent 6 years as a consultant for McKinsey and Company in Chicago and Washington. Amanta received his Bachelor of Science in Electrical Engineering from the University of Illinois at Urbana-Champaign, a Masters in Management Science from Stanford University and a MBA from Northwestern University, Kellogg School of Management.



Jessica Edwards

Director of External Relations, NAMI

Jessica Edwards is the Director of External Relations at NAMI. She is passionate about increasing awareness about mental health and wants mental health conditions to be treated as any other medical issue. She focuses her talents on building relationships with NAMI's corporate, strategic and foundation partners. She has been with NAMI for nearly a decade.

She holds a bachelor's in public relations from West Virginia University, and a master's in public relations and corporate communications from Georgetown University.



Summer Parrish

Interim-CEO, NAMI-Northern Virginia

Summer is the interim-CEO of NAMI-Northern Virginia. She has nearly 25 years' experience in fundraising, development, and public relations mostly in health and human services in the Greater DC Region. She is a Phi Beta Kappa graduate from the University of South Carolina with a bachelor's degree in Journalism and holds a master's degree in Literature from Marymount University as well as a certificate in Planned Giving from UC Davis. She is passionate about laughing with her family, learning through travel, and good coffee.